

If you or someone you love struggles with any of these symptoms, we may be able to help.

- Anxiety
- Mood Swings
- Hallucinations
- Delusions
- Paranoia
- Agitation
- Thoughts of Suicide
- Confusion
- Memory Impairment
- Sadness
- Hopelessness
- Loss of Interest
- Loss of Appetite
- Trouble Sleeping

We provide free and confidential assessment to anyone interested in exploring their treatment options. Please contact us today if you or someone you know may benefit from our services. We are caring dedicated professionals providing the support needed to help in difficult times. Thank you for your trust and confidence that we make a difference to those we serve.

Treatment Methods

Treatment methods in all programs include as needed:

- ◆ Comprehensive psychiatric assessment and treatment services
- ◆ Individual and group psychotherapy
- ◆ Cognitive behavioral therapy
- ◆ Medication management and monitoring
- ◆ Coordination with community and health services for improved wellness
- ◆ Educational services
- ◆ Enrichment activities
- ◆ Comprehensive discharge planning



Help that is close by...



Baptist
Behavioral Health Center
Tranquility Outpatient
Partial Hospitalization Program

Baptist Behavioral Health Center

3250 Fannin

Beaumont, Texas 77701

409 212-7450

www.bhset.net

For Transportation

409 926-6023

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Baptist
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Behavioral Health Units

Baptist Behavioral Health has five units that provide Inpatient Mental Health services for Adolescents, Adults and Seniors with a Partial Hospitalization Program and Intensive Outpatient Program.

At Baptist Behavioral Health Hospital, we specialize in the treatment of Depression, Bipolar disorder, Schizophrenia, Anxiety and other mental health issues.

The Outpatient program services are provided in a highly structured outpatient treatment environment that is predicated on personal responsibility, individual dignity and self-esteem.

The Tranquility Outpatient Partial Hospitalization program at Baptist Behavioral Health Center is held:

Monday – Thursday
9:30am – 2:30pm

PROGRAM SCHEDULE

9:30am – 10:15am	Group 1
10:20am – 11:05am	Group 2
11:10am – 11:45am	Lunch
12:00pm – 12:45pm	Enrichment Activities
1:00pm – 1:45pm	Group 3
1:50pm – 2:30pm	Group 4
2:30pm	Departure

Outpatient Partial Hospitalization Program (PHP)

Group Therapy

- For adults who require maximum support and therapy, the PHP program provides comprehensive group therapy Monday through Thursday from 9:30am to 2:30pm.
- Specializing in the treatment for adults with depression, bipolar disorder. Schizophrenia, anxiety and other mental health issues.
- Morning snacks are served.
- Lunch is provided daily.
- Transportation available to and from the program within the Golden Triangle Area.



Intensive Outpatient Program (IOP)

Group Therapy

- For adults who are more stable but still require intensive group therapy, the IOP program offers comprehensive group therapy, Monday through Thursday from 9:30am to 2:30pm.
- Specializing in the treatment for adults with depression, bipolar disorder. Schizophrenia, anxiety and other mental health issues.
- Morning snacks are served.
- Lunch is provided daily.
- Transportation available to and from the program within the Golden Triangle Area.



Discharge Planning

Our qualified professionals work closely with patients and families to help maintain the patient progress and ensure safety after discharge.

Our Commitment

Inquiries/Referrals Accepted
24 Hours/7 Days a Week

We are available to answer questions and help individuals, families, physicians and other agencies determine the need for our services.

For more information contact
Tranquility Outpatient
Partial Hospitalization Program
409 212-7450
409 926-6023 Brenda